

VOICE OF THE RESIDENTS

VOL. XXXI, No. 6

BROADMEAD, COCKEYSVILLE, MD.

February 2010

CARDIN SPEAKS OUT ON HEALTH CARE

By Jonas Rappeport, M.D.

"Health care is strangling America," United States Senator Benjamin Cardin told an overflow crowd at an Open Forum presentation January 14.

"We are spending way more than any other country in the world on health care and we don't have the results to demonstrate that," he said at a Town Hall style presentation which elicited dozens of questions from his Broadmead audience.

Speaking as the House and Senate versions of a major health care bill were being reconciled in Washington, Cardin pointed out that we are the only industrialized nation which does not have universal health care. Granted we have some of the best medical care in the world, but it is not available for many of our citizens and the waste is overwhelming, he said.

"It is time, from a moral point of view, (to look at) what this country stands for. It is time for America to join every other industrialized nation in the world and say that every American, as a matter of right, is entitled access to affordable health care," he said to audience applause.

Noting that emergency room care is the most expensive kind, and that it's sometimes too late, he said that establishing wellness and prevention programs will eventually reduce waste and costs. Citing the 2007 case of a 12-year-old Maryland boy who died of a brain abscess because he could not afford an \$80 dental treatment, Cardin said that some \$250,000 spent on emergency and hospital care could not save him, and that the \$250,000 was at taxpayer expense. Those without insurance delay care, and then go to emergency rooms, he said, explaining why a requirement that everyone have insurance is vital to keeping costs down.

"The Congressional Budget Office tells us the (Senate) bill will reduce the growth rate of health care costs pretty dramatically, not only in the first 10

years but as more preventive care becomes a reality, even more," he said. The bill would provide coverage to 31 million currently uninsured Americans and reduce the federal deficit by \$130 billion over 10 years. Saying he regretted losing the so-called public option because it would provide competition, he said

70% of Maryland's small businesses have only two companies from which they can buy medical insurance and they pay 50% more than large companies do.

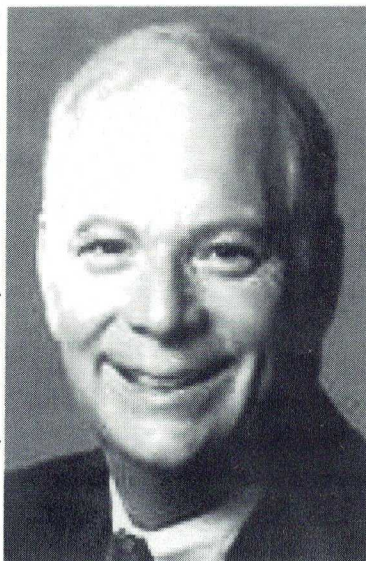
In answer to resident questions, Cardin said:

- On the lack of malpractice reform in the bills, that efforts to reduce so-called defensive medicine will be looked at, but that the medical profession will need to increase its efforts to weed out bad care.
- On an insufficient number of primary care physicians, that major provisions of the bill deal with that issue,

by relieving medical school debt for those entering primary care, and by investing \$10 billion in federally qualified health centers. He said there are 102 such centers in Maryland and they are in the communities that are the most underserved.

- On lack of campaign finance reform, that the Constitution's First Amendment allowing free speech makes reform difficult according to rulings of the U.S. Supreme Court.
- On lack of bipartisanship, that both political parties are to blame and that people should let the leaders of both parties know they don't like it.

Senator Cardin also spoke briefly about our energy problems, our troops in Iraq and Afghanistan, and the need to better supervise Wall Street and the banks. He commended the Broadmead audience for its thoughtful and responsible questions. After a full hour, the meeting adjourned to loud and appreciative applause.



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Volume XXXI, No. 6

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A NOTE TO CONTRIBUTORS TO THE VOICE.

This is indeed a voice through which the residents can express themselves (though we are committed to avoiding controversial matters). Thus, we invite and appreciate all contributions in any form. However, please be advised that the preferred form of receipt is by **email**. Our email address is:

broadmeadvoice@hotmail.com.

If you can, please use that for any material you wish to submit.

With thanks,
The Editors

NEWLY ARRIVED RESIDENT

Virginia Foster

C1

IN MEMORIAM

Marie Ewing

February 9, 1917

January 3, 2010

Margaret DuVivier

November 5, 1920

January 9, 2010

Robert Sparks

January 4, 1916

January 11, 2010

Cecelia Chandler

September 22, 1915

January 11, 2010

HOOT MON INDEED!

From the Editors

The following document was received by a member of our staff, written by hand, on a plain piece of 8¹/₂ x 11 paper:

Lord Manager of the VOICE:

Can it be that the Foxy Writer, nor any of the editors or proofreaders knows the charming Netherlanders among us -- the LeyeNdeckers -- well enough yet to spell their venerable 200-300 year-old German-originated name correctly? Does it take some bandy-legged, withered Scot to set the print world straight? Hoot, mon, 'tis almost too much. C'mon, Georgia, whoever you be. Check, check, check, check again. They deserve an apology.

*Hieland Angus
Cluster X*

Jan. the 2^d, '10

The paper was folded, and on the outside was written:

I'll not spend another farthing for an envelope.

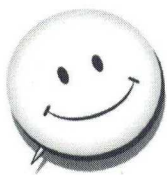
A.

Well, Angus, whoever YOU be, we do indeed apologize to the Leyendeckers but, in our own defense, we hasten to point out that we spelled their name correctly when we welcomed them on page two of our November issue. (And we will slyly point out that you misspelled Foxy's name!) In the meantime, we appreciate your sense of humor, and we'll guess that you're enjoying a mighty chuckle or two over all this. Right Angus? ...Whoever you be?

BROADMEAD GARDEN PLOTS

By Susie and Bob Fetter

Residents who are interested in a plot in the community garden should contact us, Susie and Bob Fetter, at 443-578-8228. There are a few plots available, and they will be allocated on a first-come-first-served basis. Current gardeners are asked to confirm their interest in continuing their garden use. There will be a meeting in late February to review plot assignments and discuss garden protocol.



BROADMEAD WELCOMES

*By Bobbie Kottler
and Nancy Allchin*

Virginia (Poole) Foster (Franklin)

C-1 443-578-8260 January 2010

Virginia Foster grew up in the Finger Lakes region of New York State. She attended Stephens College in Columbia, Missouri, and also Syracuse University. Her passion has always been music and she finally earned her Doctorate of Music from Walden University. She soloed with the Baltimore Symphony, sang with Gilbert and Sullivan operettas and in cabaret theaters. She especially enjoyed stage work.



She has lived in the Roland Park area for 35 years, and some Broadmead residents are familiar with her musical abilities. In the 1970s and '80s Virginia taught voice and piano at Catonsville Community College. From 1997-2001 she and her husband Wink lived aboard a boat in the Florida Keys.

While here at Broadmead, Virginia would like to join the Writers' Group.

Senta (Grobruegge) Koch

Q-2 443-578-8257 December 2009

Senta Koch was born in northern Germany in the town of Bremen. (Remember your childhood story of "The Brementown Musicians"?) Senta came with her husband to the U.S. while he worked as a design engineer for Ingersoll Rand in Easton, PA, where they lived for 35 years. Senta worked for Lafayette College in the alumni department.



At retirement time the Koches moved from Easton to Cary, NC, and lived there for 17 years. After her husband died several years ago, Senta chose to come to the Broadmead community to be near her daughter, who lives nearby in Phoenix, MD. There are also two grandchildren, and Senta liked the country atmosphere and surrounding trees at Broadmead. She spends her quiet time reading or doing needlework.

COOKIE FROM A LITTLE GIRL

By Bob Herrmann

My youngest son is a teacher and loves children. Unfortunately the school in the Ruxton area where he worked as a middle school teacher closed down as a result of the recession and left him without a job. His specialty was computer technology and sociology. He had a family to support, including a daughter in college, and, as might be expected, he was very upset and sought every opportunity to earn a living. Six months earlier he had been complaining about the low wages paid to teachers, and now he had no wages at all. Naturally, he now appreciated how valuable - and what an asset - his teaching experience was!

While waiting for the job market to open up he accepted temporary positions such as substitute teaching, not only in his field but also in areas outside his field such as chemistry. One such opportunity was with Harford Day School where he taught as a substitute for three days. Chemistry was one of the subjects included in his schedule, and in the chemistry class was an eleven year old girl from India. At the end of his three days of substitute teaching one of the regular teachers came up to him holding a chocolate cookie. He said he could hardly resist eating it, but he was afraid to because the eleven year old girl from India who baked it said to him, "This cookie is for Mr. Herrmann, don't you dare eat it!" Then he gave the cookie to my son who took it home and shared it with his wife for their anniversary.

When my son told me this story I said to him "It's wonderful that you had this teaching opportunity, temporary as it was. Harford Day School is an excellent school, and this may open new doors." He said "True, but the cookie from that little girl made my day!"

That night I thought to myself, "Perhaps that is what life is all about- a cookie from a little girl."

VESPERS

By Randel McKechnie

Sunday, February 21, 4:30 p.m. in the Main Lounge

- The Rev. James DeMent
- St. John's United Methodist Church, Towson

HOW HEALTHY ARE MARYLAND'S CCRCs?

By Jonas Rapoport

Chair, Broadmead chapter, MaCCRA

It is important to have all the Continuing Care Retirement Communities (CCRCs) in the United States as financially healthy as possible, since if one CCRC were to become bankrupt, it might frighten people from moving into a CCRC.

Broadmead residents can take comfort in that we appear to be one of the healthiest financially.

So said Bill Root, a resident of Maryland's Asbury Methodist Community and president of the Maryland Continuing Care Residents Association (MaCCRA), speaking here January 5. In his talk he reviewed what MaCCRA, a statewide residents lobbying group, accomplished in 2009, including, after a five-year effort, the strengthening of grievance procedures such that a resident dissatisfied by a grievance "solution" may have it reviewed by a mediator.

MaCCRA was also involved in having the governor and the legislature request that the Department of Aging (DOA) establish a Continuing Care Advisory Committee to review Maryland's CCRC laws and recommend legislative changes. This committee is composed of organizations involved in the care of the elderly and CCRCs, including both residents and management.

Root, the Maryland delegate to the national NaCCRA, has undertaken an analysis of the financial statements of all of Maryland's 34 CCRCs and has sponsored a movement to have the National Accreditation Commission recognize the need to establish financial standards for CCRCs. As a result of these efforts U.S. Senator Herb Kohl (D-WI) has asked the Government Accounting Office (GAO) to look into the financial security of CCRCs. The GAO has been receptive to the MaCCRA analyses.

Root then told us of MaCCRA's efforts to

establish new financial standards to measure which CCRC's, in the absence of remedial action, are over-leveraged with too much debt, or rapidly running out of cash, with cash projected to reach zero in five years or less.

His results indicate that no Maryland CCRC is at significant risk of financial failure but, assuming his calculations are reasonable, half of the 34 should be engaged in remedial actions, in most cases stopping operational losses. This happens when debt is incurred in building the property plus cash from residents' entrance fees leaving a valuable property plus cash, which then becomes a temptation to use these funds to cover operational losses. This then can lead to declining cash, resulting in less to pay the debt principal. Although a solution may be growth that leads to even more debt despite new entrance fees as most CCRCs refund part or the entire entrance fee when the owner passes and the unit is resold.

MaCCRA's new liquidity formula looks forward as well as backward, Root said. It measures year-to-year trends during the past three years. It breaks down increases and decreases into major components. It removes past non-recurring items and projects the number of years to "cash zero."

"DO NOT PANIC," he said, as there are many ways to reverse the trend of operational losses. I will not go into these as I don't think they apply to us at Broadmead. Root did not have time to show us all of the power point presentation he had prepared. For those interested I can furnish a copy of these.

There were many questions from the audience, mostly directed at what needs to be done to improve the financial health of so many CCRCs. Root said we need to support legislation to have the GOA establish clearer standards and give our guidance to MaCCRA efforts.

Joining MaCCRA is important, as, the more members we have, the greater will be the respect given to those who represent us at the legislative and government agencies.

CONSERVATION

By Bob Morrison

Good news!

The United States Postal Service has decided to help with the recycling of small electronics.

The Cockeysville Post Office will provide envelopes approved for transport of cell phones, smart phones, MP3 players, digital cameras or up to

four ink cartridges to a recycling facility, at no charge.

To see a sample envelope, check the bulletin board. And please do take advantage of this cost-free and easy way of disposing of small electronic gear. It's good for the environment.

THE FUTURE OF THE MEDIA

By John Michener

Marc Steiner, Baltimore's most respected radio personality, spoke to the Open Forum on Friday, January 8th. Although widely known for his in-depth interviews on WYPR and now on WEAA exploring



issues of public interest including politics, sports, philosophy, science, and the arts, among others, the experiences that inform his programs are virtually unknown.

In 1960, at age 13, Steiner was shopping with his mother at the Mon-

dawmin Mall when he saw a line of Morgan University students picketing a White Coffee Shop there that refused to serve Negroes. With his mother's permission he grabbed a sign and joined the picket line. He went on to join SNCC (the Student Nonviolent Coordinating Committee) and CORE (the Congress of Racial Equality). He organized the Civic Interest Group in Baltimore and the Cambridge Non-violent Action Group which addressed the issues behind the Cambridge riots. Later he worked for 15 years with at-risk children and families and with street gangs and founded three theater programs for young people in schools or prisons. He served for ten years on the faculty of the Baltimore Schools for the Arts and as principal of the Baltimore Experimental High School. Steiner also founded the Liberation News Service, the Washington Free Press, the South Baltimore Voice, and, in 2000, the Center for Emerging Media. This breadth of experience and interests contribute greatly to the vitality of his programs.

Steiner started his talk with a discussion of the recent corruption conviction of Baltimore mayor Sheila Dixon. A very intimate friend of hers with millions of dollars of contracts from the city had sent thousands of dollars of gift cards to her office in an unmarked envelope with no accompanying directions for their use. The conviction was for using for her

personal benefit \$500 worth of cards donated for the poor. Steiner noted the tremendous amount of media attention to her trial and conviction. Little attention was given, though, to the underlying issue of why a contractor would be sending thousands of dollars of gift cards to the mayor's office in an unmarked envelope. Steiner sees this lack of media attention as a manifestation of diminishing willingness of the media to cover the relationship between money and political power.

In times past, newspapers were locally owned by families who regarded them as instruments of public service and consequently operated them without seeking large profits. This permitted hard investigative reporting on matters of public importance. But as time passed papers became commoditized and merged into chains that were not interested in costly hard local investigative reporting, in having their own national news bureaus (or eventually significant national news coverage), or in anything that reduced profits. In hopes of increasing profits their focus became crime, scandals, and sports.

Steiner believes this lack of funding for articles requiring investigative reporting blurs the relationship between money and power. With cable TV and our news broadcasting following the same trend, the public's ability to develop informed judgments on issues is diminished.

But there is still hope, Steiner believes, in the generation now growing up. Their mastery of the new internet media now unfolding and their ability to use these emerging media will build a more balanced knowledge of the political relationships between power and money and thus enhance the understanding of public issues that is basic to a functioning democracy.

NOTE: Steiner's program is on WEAA FM 88.9 from 5 pm to 7 pm Mondays through Thursdays. The program is overwhelmingly dependent on its generation of funding directed specifically to the



LYMAN ANDERSON SPEAKS

By Ted Wilson

On Saturday, January 9, Lyman Anderson spoke at the Men's Social Hour about his career with the telephone industry. Born and raised in the Cockeysville-Timonium area with his father a telegrapher and his mother a telephone operator, it was only natural that he became interested in the field of communications. After attending Calvert Hall high school, he took night classes at Johns Hopkins University while earning money as a mail boy and repairman for the local Chesapeake and Potomac Telephone Company. Drafted into the Army, he was assigned to duty in the Signal Corps, serving in Hawaii, Saipan, and Okinawa and gaining valuable experience toward his future work. After World War II he returned to Johns Hopkins, completing his engineering degree in just two years and was promptly re-hired by C&P, rising quickly to positions of increasing managerial responsibility.

When he started his work, the Bell Telephone System was the major supplier of telephone service and the Bell Laboratories the primary source of inventions in the field of communications, producing a number of Nobel Prize winners. The Bell System had a group of subsidiary companies serving the most developed areas of the region while rural areas were supplied by a number of independent phone companies. The industry grew rapidly so that by the end of the 20th century there were over 200 million phones in this country with 98% of homes having at least one phone. By the year 2000, cell phones and personal computers were being introduced and internet services were developing. These new facilities have the capacity to replace the old land line copper wire cable facilities used by the traditional telephone companies and to provide telephone service to their customers independent of those companies. Standard telephone service began to lose ground by about 5% per year and continues to decline to the point that land line copper wire cables may become obsolete. New technologies are coming into use at a rapid rate, including fiber optics and refinements in personal computers, as well as international communication via satellites. The telephone companies are, of course, competing in the construction and provision of the new type communication facilities.

At the end of Lyman's talk there was a lively Q and A session.

M*S*S*H

Men's Saturday Social Hour

By Ted Wilson

Saturday, February 6
To be announced

Saturday, February 20
Jerry Green

9:30 a.m. in the lounge and auditorium
for coffee and doughnuts
Bring \$1 to help cover costs
Wear your name tags, guys!

Don't miss the last chapter of POETRY FOR DUMMIES

FEBRUARY 3

10:30 a.m. in the Auditorium

It's been an enjoyable and challenging ride through
some of our greatest poetry.

COME AND HEAR

JERRY DOWNS

PUT ON THE FINISHING TOUCHES!

SATURDAY NIGHT PROGRAMS

By Sue Schlenger

At 7 p.m. in the Auditorium

February 6 "Vanilla"

Hank Kaestner, Broadmead trustee,
McCormick executive, world-class birder
and spice expert

February 20 Big Band Evening

Presented by our own **Linda Chick**

February 27 Eiffel and the Eiffel Tower

Author **Jill Jonnes** tells tales of
the many famous visitors to the Paris landmark.

WE ARE CORN

(This is the first in a series of articles sponsored by the BRA Food Committee which hopes to raise awareness of how food choices and modern day food cultivation techniques affect our health.)

By Jerry Franklin Green

When we go into a modern grocery store we see over 24,000 items but where do these foods really come from? We all learned in school that foods come from a natural set of events known as the "food chain" starting from sunlight and water. This chain is easy to see for most vegetables, like potatoes from Idaho. But with meats, poultry, fish and processed foods this chain is not as clear.

In his books *The Omnivore's Dilemma* and *In Defense of Food*, author Michael Pollan points out that beef can come from a cow born in South Dakota, fattened in a feedlot in Kansas on corn grown in Iowa, and kept alive with antibiotics from a pharmaceutical company in New Jersey.

The life cycle for the common American chicken, pig, turkey or lamb is not much different. And the same is true with increasing frequency even for fish. Thus catfish, tilapia and salmon are raised in "fish farms" and fed on corn, yes, corn!

Of course, dairy cattle are also fed on corn. When you think about it beef, chicken, fish, eggs, milk, cheese, yogurt and all processed foods are made from corn. Take a popular favorite (or perhaps don't take it) - the chicken nugget. The chicken itself is made from corn, the modified corn starch that glues it together is corn, the batter that coats it is corn and the oil it is fried in is corn oil. And, of course, all the other additives that give the nugget an unnatural shelf life - lecithin, mono-, di- and triglycerides are derived from corn.

Corn or its by-products are everywhere. We love our sodas but virtually every soda is sweetened with high-fructose corn syrup. Even beer is made from alcohol fermented from glucose refined from corn. Corn is in our frozen foods, canned fruits, candies, prepared soups, cakes, waffles, mayonnaise, ketchup, mustard and hot dogs. Read the labels. The food industry uses corn as the starting block for its products because it is cheap.

So if we are what we eat, we are corn. Don't laugh; consider the science. We have lots of carbon in our bodies. But all carbon atoms are not made the same. There are different species of carbon called isotopes. Most plant species take up a type of carbon isotope called "carbon-12" but corn is different. It takes up "carbon-13". By analyzing what type of carbon we have in our bodies a scientist can tell us where it comes from. Comparing ourselves with Mexicans we find we have much more carbon-13 in our tissues than they. Yet Mexicans eat far more corn than we do and we eat more wheat than they do. How come we have more corn in our bodies when we eat more wheat? The answer is all the processed foods we eat that are derived from corn. Mexicans still eat meat derived from animals that eat grass and they use cane sugar as their primary sweetener. So you see we really are what we eat. We are corn.

We will consider in upcoming articles whether there is a better way to eat today than stuffing ourselves with corn and its by-products,

AN EARLY JANUARY 2010 OBSERVATION

By Anne Allen B. Dandy

From my bedroom window facing west I was awakened by bird chatter. A female cardinal was jumping about on our shed roof. Her beak was crimson and her tufted head was puffed and redder than ever. In her agitation she darted back and forth to the adjacent evergreens. Suddenly a highly excited Carolina wren landed close by. His long bold white eyebrow was very visible, his feathers fluttered and his tail stood straight up. I thought "they can't be vying for nesting territory in midwinter."

The cause of their apprehension became visible. The infamous large grey feral cat was curled up snoozing right next to my lower window pane, oblivious to the warning cries of his favorite would-be quarry.

I have often seen this predator stalking birds on our neighbor's feeder. By the time I tramped through the snow to chase him away he was long gone. Serenity had returned and a dreaded confrontation had been eclipsed.

BOOKS NEW TO BROADMEAD: BIOGRAPHY

Broadmead Library was fortunate to acquire many new books of biography (including autobiography) in the past year. Here are some of the notable books in that category, about people from many walks of life, including great leaders in religion, politics, music and literature, as well as "ordinary" people, such as Rosa Parks and the passengers on Flight 93 on 9/11, who rose to greatness when the occasion demanded it.

Books are listed in order of call number (shown at the end of each entry); since call numbers indicate the topic area of a book, books of similar topics appear in proximity.

(Please note that in the case of multiple authors, only the first author is listed below.)

Where to find them: Biographies are shelved separately from other nonfiction. In the Main Library, the Biography section is on the rear wall, shelved by call number. Oversize biographies are with other oversize books in the Seminar Room on the Lower Level, also in order of call number.

- Coles, Robert. *Simone Weil: a modern pilgrimage*. 1987. BIOG B.W42c
 Bainton, Roland H. *Here I stand: a life of Martin Luther*. 1950. BIOG BR.L97b
 Time/CBS News. *People of the century*. 1999. OVERSIZE BIOG CT.P41
 Best, Geoffrey. *Churchill: a study in greatness*. 2001. BIOG DA.C56b
 Jenkins, Elizabeth. *Elizabeth the Great*. 1959. BIOG DA.E43j
 Massie, Robert K. *The Romanovs: the final chapter*. 1995. BIOG DK.R75m
 Wallach, Janet. *Arafat: in the eyes of the beholder*. 1990. BIOG DS.A65w
 Wallach, Janet. *Desert queen: the extraordinary life of Gertrude Bell, adventurer, adviser to kings, ally of Lawrence of Arabia*. 1996. BIOG DS.B43w
 Sheean, Vincent. *Lead, kindly light*

- [Gandhi]. 1949. BIOG DS.G2s
 Weigall, Arthur. *The life and times of Cleopatra, queen of Egypt*. 1924. BIOG DT.C62w
 Albright, Madeleine K. *Madame Secretary*. 2003. BIOG E.A34A
 Clinton, Bill. *My life*. 2004. BIOG E.C65A
 Dallek, Robert. *An unfinished life: John F. Kennedy, 1917-1963*. 2003. BIOG E.K35d
 Hersh, Seymour. *The dark side of Camelot [Kennedys]*. 1997. BIOG E.K37h
 Epstein, Daniel M. *Lincoln and Whitman: parallel lives in Civil War Washington*. 2004. BIOG E.L73e
 Schieffer, Bob. *The acting president [Ronald Reagan]*. 1989. BIOG E.R28s
 Burns, James M. *The three Roosevelts: patrician leaders who transformed America*. 2001. BIOG E.R58b
 Mylander, Alison E. *The Ellicotts: striving for a holy community*. 1991. BIOG F176.E46m
 Brinkley, Douglas. *Rosa Parks*. 2000. BIOG F334.P25b
 Warren, Louis S. *Buffalo Bill's America: William Cody and the Wild West Show*. 2005. BIOG F594.B92w
 Beamer, Lisa. *Let's roll!: ordinary people, extraordinary courage*. 2002. BIOG HV.B36
 Hart, Richard H. *Enoch Pratt: the story of a plain man*. 1935. BIOG HV.P91h
 Forbush, Bliss. *Moses Sheppard: Quaker philanthropist of Baltimore*. 1968. BIOG HV.S54f
 Terry, Charles S. *Bach: A biography*. 1928. BIOG ML.B11t
 Collier, James L. *Benny Goodman and the Swing Era*. 1989. BIOG ML.G65c
 Landon, H. C. R. *Haydn, a documentary study*. 1981. OVERSIZE BIOG ML.H411
 Marek, George R. *Puccini, a biography*. 1951. BIOG ML.P97m
 Osborne, Charles. *Verdi: a life in the theatre*. 1987. BIOG ML.V48o
 Robinson, Roxana. *Georgia O'Keeffe: a life*. 1989. BIOG ND.O41r
 Singer, Isaac Bashevis. *Lost in America*. 1981. BIOG PJ.S61A
 Berg, A. Scott. *Kate remembered [Katharine*

- Hepburn]. 2003. BIOG PN2000.H52b
 Cronkite, Walter. *A reporter's life*. 1996. BIOG PN4700.C94A
 Edwards, Bob. *Edward R. Murrow and the birth of broadcast journalism*. 2004. BIOG PN4874.M98e
 Maurois, André. *Prometheus: the life of Balzac*. 1965. BIOG PQ1.B19m
 Robb, Graham. *Victor Hugo*. 1997. BIOG PQ1.H89r
 Mossiker, Frances. *Madame de Sévigné: a life and letters*. 1983. BIOG PQ1.S51m
 Bush, Douglas. *Jane Austen*. 1975. BIOG PR.A93b
 Nicolson, Nigel. *Virginia Woolf*. 2000. BIOG PR.W91n
 Baker, Carlos. *Ernest Hemingway: a life story*. 1969. BIOG PS.H48ba
 L'Amour, Louis. *Education of a wandering man*. 1989. BIOG PS.L23A
 Simon, Neil. *Rewrites: a memoir*. 1996. BIOG PS.S59A
 Boyle, Nicholas. *Goethe: the poet and the age* (vols. 1 & 2). 1991-2000. BIOG PT2049.B79
 Lear, Linda J. *Rachel Carson: witness for nature*. 1997. BIOG QH.C321
 Devlin, John C. *The world of Roger Tory Peterson*. 1977. BIOG QL.P48d
 Josephson, Matthew. *Edison: a biography*. 2003. BIOG TK.E23j

Large Print Biography

Large Print Biography is in the Main Lounge Library section, after Large Print Fiction (on hard-to-see lower shelves, unfortunately) and before the Mystery section. These books are shelved by order of the last name of the subject of the biography, indicated on the spine by the first 3 letters of the subject's name.

- Carter, Jimmy. *Beyond the White House*. 2007. LARGE PRINT BIOG car1
 Clark, Mary H. *Kitchen privileges*. 2002. LARGE PRINT BIOG cla
 Kilian, Pamela. *Barbara Bush: a biography*. 1992. LARGE PRINT BIOG bus
 Shields, Charles J. *Mockingbird: a portrait of Harper Lee*. 2006. LARGE PRINT BIOG lee
 Vanderbilt, Gloria. *Once upon a time*. 1985. LARGE PRINT BIOG van

BANG! CRASH! THUD!

Dear Neighbors,

Having recently lived through a rather unpleasant experience, I am writing in hopes that some of you may avoid my ordeal. I understand that this incident happens here fairly often, so in a way, we are all at risk. Now you are beyond wondering to what in the world I'm referring.

Okay. On a recent Thursday morning at 2:30 a.m. I was sleeping soundly when all of a sudden BANG! CRASH! THUD! and I was wide awake. I got up and checked everything and all seemed fine, especially the 30 pictures on the blanket chest which often display the domino effect.

Then, oh, I wish I hadn't, I checked the closet and there it was! All of my outer wear in a heap on the floor in mangled hangers, pinned down by the shelf itself, books everywhere, shoes strewn about and piles of saved bags, both paper and plastic covering all. No use bothering to make my first appointment. I had no access to my clothes. So I set the alarm clock back to 7:30 a.m. and tried to return to sleep mode. After about an hour of willing sleep to come and a bit of self hypnosis, I succeeded.

Upon awakening later, I tried to convince myself that it was all a bad, frustrating dream. A peek into the closet brought no such relief. I called Maintenance at 7:20 a.m. and several times after, and finally after lunchtime my rescuers arrived. Two good-humored, sympathetic, careful ("Don't step on my clothes!") young men got the whole mess under control and the shelf and hanger part up and running in no time. Unhappily it took me until 7:30 p.m. to vacuum, sort through and straighten things up.

So why am I sharing all of this? It's because I promised to do so. If this happens to our population somewhat regularly... go figure! We're all at risk. And these great guys enlightened me with the solution: Clothes hung on the closet white metal clothes rack should **never** add up to more than 150 pounds!

As I wouldn't wish my day on anyone, I'm repeating: no more than **150 pounds** on that rack.

Affectionately,

Flo Darlop

MUSIC EVENTS

By Phil Schnering

Thursday, February 11, at 7 p.m.
LET'S SING with Herb at the piano

Sunday, February 28 at 2 p.m.
CONCERT – Mozart's *The Magic Flute*
In a piano playing and story-telling format,
Ina Allen at the piano and Barbara Woodey,
professional story teller. Concise story and
great arias!

OPERA VIDEO

By Harry Blumenthal

Friday, February 26, at 7 p.m.
Fireplace Room

"NORMA"

Opera by Vincente Bellini
Canadian Opera Company, starring
Joan Sutherland and Tatiana Troyanos
2 ½ hours

TWO FEBRUARY OPEN FORUM PROGRAMS

By Sonia Blumenthal

Friday, February 5, Auditorium 7 p.m.
**Topic: *A Spy in Charles Village, or
The Framing of Alger Hiss***
Edward C. Papenfuse,
Archivist of the State of Maryland

Thursday, February 18, Auditorium 7 p.m.
Topic: *What Happened to the American Family*
Andrew Cherlin, Benjamin H. Griswold,
Professor of Sociology and Public Policy,
Johns Hopkins University.

FOR THE MUSICALLY HEP

Submitted by Flo Dunlop

A "C," an "E-flat," and a "G" go into a bar.
The bartender says: "Sorry, but we don't serve minors."

So the E-flat leaves, and the C and the G have an open fifth between them. After a few drinks, the fifth is diminished and the G is out flat. An F comes in and tries to augment the situation, but is not sharp enough.

A D comes into the bar and heads straight for the bathroom saying, "Excuse me. I'll just be a second."

Then an A comes into the bar, but the bartender is not convinced that this relative of C is not a minor.

Then the bartender notices a B-flat hiding at the end of the bar and exclaims, "Get out now. You're the seventh minor I've found in this bar tonight."

The E-flat, not easily deflated, comes back to the bar the next night in a three-piece suit with nicely-shined shoes. The bartender (who used to have a nice corporate job until his company downsized) says, "You're looking sharp tonight, come on in! This could be a major development." This proves to be the case, as the E-flat takes off the suit, and everything else, and stands there *au natural*.

Eventually, the C sobers up, and realizes in horror that he's under a rest. The C is brought to trial, is found guilty of contributing to the diminution of a minor, and is sentenced to 10 years of DS without Coda at an upscale correctional facility.

On appeal, however, the C is found innocent of any wrongdoing, even accidental, and that all accusations to the contrary are bassless. The bartender decides, however, that since he's only had tenor so patrons, with the sopranout in the bathroom, and everything has become alto much treble, he needs a rest, and closes the bar.



LET'S DANCE

By Ted Wilson

**Monday, February 8,
7 p.m. in the auditorium.**
All are welcome.

Editors note: The author states that this poem is based on the actual loss, and return three weeks later, of her wallet!

THE WALLET

By Sibylle Ehrlich

Three earthworms found a wallet;
I'd looked for it in vain.
They decided to live in it,
And avoid December's rain.

A bright green frog then joined them,
And sat upon its top,
He didn't mind the weather.
He liked it drop by drop.

The worms were getting hungry;
There wasn't much to eat.
They nibbled on a dollar bill,
That didn't suit their need.

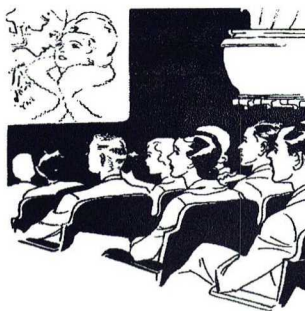
Med'care didn't taste much better,
Nor did my Blue Cross card;
They didn't like my credit
And the license was too hard.

They brought a lot of mud in,
And then curled up to sleep.
The frog kept watch upon them
And whistled on a reed.

They woke up very hungry,
And decided to move on;
The wallet had no food for them, .
And wasn't that much fun.

Then they pushed the wallet
To my door. The frog helped too.
When I awoke this morning,
I saw the little zoo.

I gratefully thanked them.
They brought my wallet back.
I'll put it in a safe place,
And try to keep its track.



BROADMEAD MOVIES

In the Auditorium

At 7:00 p.m.

Selected by

Marjorie and Louis Gold

Tues. Feb. 2 THEY CALL ME MR. TIBBS

This sequel to *The Heat of the Night* finds detective Tibbs in San Francisco. He becomes embroiled in an explosive case when a liberal preacher is suspected of murdering a prostitute. Sidney Poitier sizzles as always.

1970

R

108 minutes

Tues. Feb. 9 THE HOUSE ON 92ND STREET

The F.B.I.'s counter espionage activities during World War II, particularly the secret of the atom bomb, are the focus of this docudrama based on those events. A citizen is approached by the Germans in the hopes he will join their spy ranks, but he informs the Feds and becomes an effective double agent, keeping the A bomb a secret.

1945

NR

88 minutes

Tues. Feb. 16 AN EDUCATION

Jenny's Oxford bound teen life is undistinguished in 1981 London until she is given a different kind of education after being immersed in the world of cultured and much older David. But her school's Head Mistress (Emma Thompson) works to keep Jenny's future from crumbling.

2009

PG

95 minutes

Tues. Feb. 23 THE PRIME OF MISS JEAN BRODIE

Dame Maggie Smith is mesmerizing as Miss Jean Brodie, a teacher in 1930s Scotland. Brodie fancies herself a creative soul who is dedicated to passing her appreciation of art and beauty to her students. But her methods are unorthodox, sparking controversy in her community and hostility among school administrators. Smith earned an academy award for her portrayal.

1969

PG

116 minutes

WHAT MADE THE DIFFERENCE?

By Sally Bloomer

Recently there have been news reports about two young people who, though both having to face severe problems, choose sharply different directions. The first, Metho Nelson, was found by two New York police officers in Prospect Park wandering from bench to bench, carrying two black plastic bags containing his possessions. The officers learned from the shy polite 18 year old that he was the youngest of his father's 11 children and the second of his Mother's three. There had been a bitter family dispute and his mother asked him to leave.

The officers offered to buy him some food, but he insisted he was not hungry, too proud to admit it, but not too proud to accept the phone number of Covenant House in Manhattan where he could seek shelter. He went to a nearby phone booth with 25 cents in his pocket. There, a cheerful middle aged man heard his story and gave him all the change he had. The third act of kindness followed when a transit clerk at the subway heard his story and against all expectations buzzed him through to catch a train to Manhattan. Because of these acts of kindness, Metho has survived life in several shelters and graduated from Prospect High School in 2006. But wait! There was a fourth act of kindness. When he forgot to lock up his laptop, the Catholic Charities granted him \$319 which he added to his own savings to replace the stolen laptop. The savings came from a job he has at Kennedy Airport working nights as a ramp agent driving a tractor to push planes back from the gate. The trip from the adult youth center where he now lives to Kennedy takes two hours. Returning home it may take four hours if the bus goes local. Sometimes he gets only two hours of sleep before classes at the Borough of Manhattan Community College. His dream is to attend Brooklyn College. "I'm not so far away from a time when things will be easier", he says.

The second story? Just briefly, it is that of Umak Farouk Abdulnutallab, 23, son and sixteenth child of a rich retired banker who sent his son to an exclusive school in London and then the University College where he lived in a posh apartment rather than with the other students. Worried about his low SAT scores and lack of close friends he found satisfaction in on-line chat rooms and an Arabic language course in Yemen. It is reported that visiting home was upsetting because his family did not follow the strict Muslim diet. In Yemen he spent more time being radicalized than in the language school.

How could a boy who had so much, choose to blow himself up while the boy who had so little, chose to continue his struggle confident of his ultimate success? Perhaps it's not the point of the wind that determines your course, but the set of the sail.

SILVER SHADOW

By Ruth S. Williams

It landed on the White House lawn
Early one November dawn,
Silver gray and round as a ball,
Forty feet wide over all.

The Secret Service raised the alarm
To keep the President from harm.
The President laid down his book
And opened the window to take a look.

He could not believe what he saw
And shook his head in utter awe,
For there upon the White House lawn
Were three smiling green Leprechauns.

The President ran to the door
And shouted for the Marine Corps
To find the Secretary of State
And bring her to the White House gate

To greet the wee men from the sky
And to find the reason why
They landed on the White House lawn
Early on this November dawn.

But the Leprechauns were too smart.
Each drew out a small green dart,
Shot the lady in the hip,
And dragged her to the waiting ship.

The Air Force launched one thousand planes
Which searched from Oregon to Maine,
In Inner and in Outer Space,
But they could not find a single trace.

Now sometimes in the early dawn,
Reflected on the White House lawn,
The President thinks that he sees
A silver shadow in the trees.

HITHER, THITHER AND YAWN

with Foxy Georgia

D. H. Lawrence writes "fine wind is blowing the new direction of time".. Bet he would change a word; guess which one? Despite all that, things continued to perk along here.. and the New Years Eve bash under the direction of Jonas Rappeport blew us into a new direction and a new decade.. His hot air artists, Max Greenland, Evie Dempsey, Bob Morrison and a few others worked with Harriet Ambrose doin' the balloons.. Looked to see they didn't install Walt Hudson in one of them, but, magic man that he is, he evaded their clutches and saved himself for his act which was ..well what can I say ???...Carol McCord (good looking blue silk jacket) helped him find that special word and then Bette Hollyday was nearly sawed in half, and nary a drop was spilled !! Ruth Williams wows us with poetry deluxe.. Wish you would gather these gems together, in a bedside table book. Then Eli Freedman gave us a lot of good laughs telling us those good ole jokes, in his own special way...meanwhile during breaks, the band played on..and we watched those flying feet of Martha and John Robbins, Laura Waschler, Anna Morsberger, Liz and Bob all sparky and smart, Bob Dye, cutting up with Sally Bloomer, the Bakers, Tim and Sue having fun,, the Forsters,.. Frances and Richard Alden, Ethel Rigotti, Tom Barnes and... puff, puff... Don Smyth... 'Course there were others, but this will have to do.....didn't wait for that ball to come down, ...not really old enough to stay up that late and we all know 9:00 is Quaker midnight !!

Hey, forgot to tell you that Bob Herrmann, Fran Beasley, Dwight Hastings and Betsey Spragins have also exhibited their work in the sculpture garden.. but by now, you have already found and enjoyed that for yourself !!

All those festive wreaths and swags have been put away 'til next time and now Alma Smith and Pat Lackey and troupe are breathing deep sighs of relief and the gals in the beauty shop, Lorraine, Debby and Joyce have put away their reindeer tiaras, but decorations are not over yet.. The renovation Committee for the Main Dining Room gave us a peek at the great things in store for us...Doug Bareis 's the nuts and bolts guy par-excellence and Ted

Pearson for Rita St Clair, our design company showed samples and details, and it looks cheery and bright, and creative.. Joyce Griffith, John Robbins and Margaret Proctor are representing the residents on the committee, and Bob Davies in his official capacity is right there also... (Now you know who to complain to or compliment with the results)... With all this, it behooves us all to get ourselves looking spiffy also...how difficult is a jacket? Must we see suspenders? How difficult is it to suggest to the visiting young-uns, tidy up! How difficult is it to forgo the shorts ? It will be air conditioned.... Bernard has already decided on a more attractive uniform for the servers, (minus the faded black aprons).. They are so good to us, they deserve to look better.. Thank you all!

Lest we forget, THE BARN SALE...it was a mini, but there were lotsa goodies in all departments.. This'n'That was loaded, and new gal Anne Leavett is valiantly filling Madga Reissig's shoes in the shoe dept., literally as well as figuratively...you've done super job, Magda, and we thank you for making your department such a success... Donna Smith is snapping the whip and of course she is one who must be obeyed...."

As an echo to these words, the play readers did a Rumpole adaption, by Lynn Buck and Eli Freedman.. it was one of the best evenings ever, with a mammoth cast, bringing all our old favorites to life.. Dave Rigotti as HR himself, Sue Schlenger as "She who must be obeyed," Elsborg Forster with a delightful French accent, Walt Hudson, Bob Forster as a remarkable last minute substitute for Harry Butcher, (Forgot to tell you the heart breaking news; we demolished the fab Butcher gingerbread house at the New Year do.) Donna Smith, Frank Iber, Charlie Lee and Eli Freedman, real winner !!!

Remind me to tell you about the fun evening when the students from Friends School came to read to us their interviews with the 18 residents who participated in the project.. Such a success, Linda Chick!! The second group of residents are eager to begin...gotta stop here..outta space!! aintcha glad? 'Nuff said

*Jane Brown
and
John Michener*

*cordially invite you to celebrate
with us as we are married
Saturday, the thirteenth of February
two thousand and ten
two o'clock in the afternoon
Lounge and Auditorium*



*Light Refreshments following the ceremony
No gifts please*



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